

## Changes to Claims:

Claims 2 and 5 are canceled.

The following are marked-up versions of the amended claims:

1. (Amended) A health food product comprising cholic acid at a daily dose of 10 to 1,000 mg and at least one member selected from the group consisting of isoflavones and isoflavone glycosides ~~is comprised at a daily does of 10 to 500 mg.~~

3. (Amended) The health food product of claim 2~~1~~, wherein the isoflavones are soybean isoflavones and the isoflavone glycosides are soybean isoflavone glycosides.

4. (Twice Amended) The health food product according to claim 1 ~~wherein~~ further comprising a vitamin is admixed.

6. (Twice Amended) The health food product according to claim 1 further comprising at least one ~~wherein the crude drug is one or more~~ members selected from the group consisting of Ginseng (*Panax Ginseng* or *Ginseng Radix*; *Panax ginseng* C.A. Mey.), *Codonopsis Radix* (*Codonopsis pilosula* (Franch.) Nannf.), *Pseudostellariae Radix* (*Pseudostellaria heterophylla* (Mig.) Pax ex Pax et Hoffm.), American Ginseng (*Panax quinque folium* L.), *Astragali Radix* (*Astragalus membranaceus* Bge.), *Atractylodis Rhizoma* (*Atractylodes macrocephala* Koidz. (*A. ovata* A.P.DC.)), *Dioscoreae Rhizoma* (*Dioscorea batatas* Decne.), *Glycyrrhia* (*Glycyrrhizae Radix*; *Glycyrrhiza uralensis* Fisch.), Jujube Fruit (*Zizyphi Fructus*, *Zizyphus vulgaris*; *Zizyphus jujuba* Mill.), *Dulcium* (malt sugar derived from *Oryza* seed; *Saccharum granorum*), *Polygonati Rhizoma* (*Polygonatum sibiricum* Red.), and 四葉参 (シヨウジン) ("SHI YO U JIN" as pronounced in Japanese); *Codonopsis lanceolata* Benth. et Hock. fil.

7. (Twice Amended) The health food product according to claim 1 ~~wherein the crude drug is one or more~~ further comprising at least one member selected from the group consisting of *Crataegi Fructus* (*Crataegus pinnatifida* Bge. var. major N.E.Br.,

Crataegus pinnatifida Bge., and Crataegus cuneata Sieb. et Zucc.), Massa Medicata  
Fermentat, Raphani Semen (Raphanus sativus L.), Fructus Hordei Germinatus (Hordeum  
vulgare Linné), 穀芽 (コクガ) (“KOKU-GA” as pronounced in Japanese; Fructus Oryzae  
Germinatus (Oryza sativa L.), Galli Stomachichum Corium (Gallus gallus domesticus  
Brisson), and Asa Foetida (Ferula assafoetida Regel).

Claim 8 is added.